



GLOBAL
LEADERSHIP



Lead without formal authority

Leadership training with tools that work

Course description

Our training provides you with practical and useful tools that will help you implement immediate progress and change.

The tools are intended to help develop better self awareness as well as an understanding of yourself and your leadership style - resulting in an increased understanding of how to better lead your employees.

Our leadership training has been tried, tested and is still developing as of 20 years, and is therefore thoroughly and deeply rooted in years of experience and built on a stable scientific foundation.

By making lots of room for practical moments and exercises, we believe that you will be set up to successfully grow in self-awareness and develop as a leader.

We also think it's super important to have fun!

Welcome to 4 days without limitations of where it may take you!

Who is the training for?

If you are a Team Leader, Manager or Project Leader, or in any other way leading a team - This training is for you!

Course details

The content of the training:

- **Value-based leadership**
 - What makes me a leader and what is my leadership style
- **Group development**
 - Understanding group dynamics and development towards a high performing team
- **Change management**
 - How do I lead in change?
- **Communication and feedback**
 - How do I communicate well and use feedback?

Extent:

2 Modules - 4 days total

The length of the course is 4 days, divided into two modules.

Each module consists of two consecutive days, with about a month in between the modules.

Coaching

The training includes an individual coaching session with one of the trainers.

Educational goals



Goals - *My leadership* - Module 1 Day 1

As a participant you get the opportunity to reflect on your leadership and your leadership role. What is important to you as a leader? How does that affect the interaction with your employees? We will provide you with a structured way to work with your team to clarify expectations and build a thriving culture. We will also start working with feedback, - one of a leader's best tools to get the ship moving towards the goal.

Learning objectives:

- Increased security in the leadership role
- Understand what determines your ability to influence your employees
- Provide a useful structure for your team to increase efficiency and well-being
- Understand feedback - purpose and goals

Tools: The Boat, EQ, the Buoy Stone, the Feedback Steps and the Level of Influence

Educational goals



Goals - *Work styles and leading in change* - Module 1 Day 2

We delve into the research about followership. How do you lead followers who are new, who are learning, or are unmotivated?

A leader manages change on a daily basis. As a participant in the training, you will understand the psychological conditions of the journey through change. You will be provided with a strategy for change management using scientifically proven tools.

Learning objectives:

- Understanding Work Styles
- Increased understanding of how you react to change as a person and a leader
- Increased understanding of how you lead others through a change

Tools: Work Styles, the Change Curve and the Implementation Steps.

Educational goals



Goals - *Communicative leadership* - Module 2 Day 1

As a participant you should understand how our tools help provide a structure to move others towards a set goal. You will develop your understanding about the human filter and how we use it in all forms of communication.

We will work with communication and a coaching approach. We will explore coaching as a tool, and when to coach versus when to use other methods of communication for better results?

Learning objectives:

- Increased ability to get your message across
- Increased insight about your listening skills and ability to listen
- Understanding the coaching approach and methods to use

Tools: Communication Filter, Active Listening and Coaching Approach

Educational goals



Goals - *Lead a group* - Module 2 Day 2

After the training, the participant should know the different phases of group development. As a leader, you need to know how to lead in, and how to handle the different phases.

Learning objectives:

- Understand the definition of group, high performance team and self-managing team.
- Understand different types of group formations
- Formal / Informal leadership
- Values connected to group development
- The leader's role in group development

Tools: FIRO (Fundamental Interpersonal Relation Orientation)

Gothenburg

Included in the course fee

- Workbooks and Handouts
- Inspirational material
- Coaching
- Lunch
- Fika

Cost

Complete training 16.990 SEK (VAT not included)

Training dates 2024

Module 1: March 11th-12th

Module 2: April 15th-16th

Address

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